

Updates this week

Dear Parents

We hope this newsletter finds you well and you are all enjoying the sunshine this week. I cannot believe we are in week 9 of lockdown; we would like to thank all those parents that have engaged in activities, and continued to communicate with us via Tapestry. Lots of you have been doing some fantastic activities with your children. All of the staff have enjoyed seeing your photos and videos; please continue to update Tapestry with photos of your child, so that staff can continue to track development too. ALL staff are working from home and are no longer furloughed. Staff are working on Tapestry, creating videos for you and working on their professional development and qualifications. We are very excited that Tania is training to be a forest school leader – she is very excited to start up Woodland Warriors again in September.

We would like to say well done to all of our parents too, you are doing a fantastic job juggling everything at home and a big thank you to all of our parents who are key workers and are keeping the country moving.



Behind every young child who believes in himself is a parent who believed first.

Matthew Jacobsen

You will be receiving details via email soon with regards to a **phase return from 8th June**. Please be advised that this still depends on government guidance.

REMINDER to contact playgroup please call 07960278409

Please keep an eye on our Facebook page - <https://www.facebook.com/csgplaygroup/> we share ideas and updates on here too.

Our website is also a great source of information. <https://csgplaygroup.co.uk/>

Please see below ideas for activities for this week.

Take care and stay safe

The CSG Pre School Playgroup Team

Home Learning Ideas from Bucks County Council Early Years Team

Balance and coordination - fun ideas to help children practice balance and coordination through treasure hunts, obstacle courses, dance moves and pretend play. <https://earlyyears.buckscc.gov.uk/media/46787/200430-rm-balance-and-coordination.pdf>

Construction - simple, fun ways to encourage children to construct with many different types of resources. Ideas for engaging children in looking at construction in the world around them.

<https://earlyyears.buckscc.gov.uk/media/46785/200504-mf-construction-lah.pdf>

Little Hands Dough - a range of fun activities and recipes for children using home made dough, including cutting skills, manipulation, pretend play and texture.

<https://earlyyears.buckscc.gov.uk/media/46783/200519-jh-little-hands-dough-activities-lah.pdf>

Well-Being - Some top tips for supporting children's wellbeing through the Covid 19 crisis.

<https://earlyyears.buckscc.gov.uk/media/46786/family-wellbeing-covid-19.pdf>

Spotter Sheets for parents to use with children outside either in the garden or on a walk. Textures and Shapes Spotter Sheet
Plants Spotter Sheet

<https://earlyyears.buckscc.gov.uk/media/46781/200422-hs-spotter-sheet-textures-and-shapes-outside.pdf>

<https://earlyyears.buckscc.gov.uk/media/46784/200519-hs-lah-plants-spotter-sheet.pdf>

Keeping Active

Please see an extract from an article regarding children and active playing. It may be useful in coming weeks.

<https://www.rte.ie/brainstorm/2020/0314/1123222-children-active-playing-social-distance-coronavirus-lockdown/>

We each need to identify ways to get the physical activity built into our day now, with the added constraint of maintaining social distancing. What this means is that we do the activity with our children and we don't send them o

Outside to be active on their own (unless in a back garden of course)

Some ideas on how we might go about this include:

- Go to the local park, or any open green area. Go for a walk together, a cycle, a scooter.
- Walk a block or two of the local neighbourhood.
- Bring some chalk outside and draw hopscotch markings, have a game.

- Teach your child to skip, or have a skipping competition.
- Challenge your child to teach you a new skill or activity that they learned in PE class at school.
- Grab a football, basketball, or even a tennis ball. Be creative with the amount of different ways you can play with this. Throw it, bounce it, kick it: your child will come up with lots of ideas if you ask them.
- Be active in the house too. There are lots of things you can do, from active video gaming to games like Twister or yoga.

Do remember to keep building in activity that really involves you and your child moving your whole body as this will give you heart health benefits as well as skill development benefits. Again, you can do this outside your front door, in the back garden or even better, in a large open green area such as a park or big field if you are lucky enough to be able to access one.